

Julie A. Miller, Podiatrist

Julie qualified as a Podiatrist in W.A. Nov 1983. Her first employer was Southern Memorial, then Caulfield Hospital (now part of Alfred Health) until 1992. It was here that Julie developed a passion for and early expertise in high-risk-foot podiatry and rehabilitation. Dr. Bruce Ford, Medical Director and frequent client, remarked that Julie was a caring Podiatrist who displayed wisdom beyond her years.

In September 1992, Julie went to work part-time at the Royal Talbot Rehabilitation Centre, Kew, part of the Austin and Heidelberg Repatriation Medical Centre (now Austin Health). The role grew and changed over the years and in 2001 she became Manager for the organisation's high-risk-foot service; combining administrative and clinical responsibilities for the High-Risk-Foot service for the entire organization and population it serves, until September 2019.

Upon leaving Austin Health, Julie reinvigorated her professional life with locum work in Australian rural and remote communities, including remote Aboriginal communities, which she will continue to do as fits with family commitments. Her interest in remote community podiatry was sparked with a 5-week locum at CAAC in Alice Springs in 2017.

Julie's wealth of knowledge, depth of experience, practical attitude and friendly nature is an asset to every person that crosses her professional path.

Julie returned to University 2008 - 2010 and completed post-graduate studies in Wound Care at Monash University, achieving Masters of Wound Care.

Julie's published masters thesis:

Miller JA. (2011) Use and Wear of anti-embolism stockings: A clinical audit of surgical patients. *Int Wound J.* 8(1):74-83 doi:10.1111/j.1742-481X.2010.00751.x

At the completion of her studies, Julie was offered a role as a Teaching Associate, Post Graduate Studies in Wound Care (PGW5202 Wound Assessment) and continues this important work educating future wound professionals.

In 2016, Julie was a deserving finalist for the W. T. Woodhead Award (In recognition of strong commitment to excellence in clinical practice and service to Podiatry in Australia).

Julie has co-authored several publications, including most recently:

Smith SE & Miller JA. (2019) The effectiveness of percutaneous flexor tenotomy in healing diabetes-related neuropathic apical toe ulcers in a clinical outpatient setting. *Foot & Ankle Specialist* doi: 10.1177/1938640019843314

Julie has been a member of Wounds Australia (Vic) from 2005. She is an active founding member of the Wounds Australia Credentialing Committee, established in 2018, that developed a robust national program for credentialing of wound professionals (launched October 2019 in Bendigo, VIC).

In November 2019, she was awarded Wounds Australia - Credentialed Advanced Wound Professional (WA-CAWP)

Julie was a Practitioner member of the Podiatrists' Registration Board, Victoria, Dec 2007 – June 2010

Julie has volunteered as a Podiatry Supervisor for the Victorian Oxfam Trail Walk in consecutive years from 2015-2019.

In her spare time, she enjoys travelling (including exploring the Australian outback), craft, movies and baking.

APP-HRFG

Julie was a Founding Member and Chairperson, Melbourne High-Risk-Foot Clinics Collaboration Group (2006 /07) which evolved into (Founding) Victorian, then National, President of Advanced Practicing Podiatrists – High-Risk Foot Group Inc, 2007 – 2011, 2013 – 2016.

The core values of Expertise, Leadership, Professionalism, Integrity and Collaboration are held with the highest regard.

Julie was heavily involved in the organisation and running of the following major events:

- Chair, Organising Committee High-Risk Foot Symposium 2007, St. Vincent's Hospital, VIC (150 delegates from Australia and NZ)
- Co-Chair 2-day Symposium August 2008 Treacy Centre, Parkville. APP-HRFG & ACPS collaboration. 'Advanced Practice for Podiatry' with Dr. Tom Roukis DPM, keynote speaker. (220 national delegates).
- Chair, Organising Committee High-Risk Foot Symposium 2010, St. Vincent's Hospital, VIC 'Diabetic Foot Disease – the Bigger Picture' (120 delegates and 15 trade exhibitors).
- Hosted Professor Frances Game (UK), Dec 2013 'International cutting-edge research activities in diabetes related foot ulcers and preventing amputation'.
- Co-Chair, Organising Committee of the hugely successful LEAP Conference 2016, MCG VIC with Professor John Steinberg DPM FACFAS, keynote speaker.
- Member, Organising Committee of the also hugely successful LEAP Conference 2018, MCG VIC with Professor Frances Game, Dr Kristien Van Acker and Professor Stephen Twigg, keynote speakers.

The following is a snapshot of a particularly busy calendar of collaborative events organised and held through 2015, all which Julie was primarily involved in:

- Partnered with PodWA for Broome HRF meeting, WA. March 2015
- Partnered with SDFC Meeting Liverpool, NSW. April 2015
- Hosted Adelaide, SA HRF Meeting. May 2015
- Partnered with GVH, Hume Region HRF Forum, VIC. August 2015
- Co-hosted Hobart, Tas HRF Meeting November
- QLD forum. November 2015
- Presented Vic Seminar: Charcot Foot in the 21st Century – Has anything really changed? Dec 2015

Julie was also initially responsible for the development of the Group's mentorship program.

In 2013, APP-HRFG evolved and became a National Committee, representing VIC, NSW, QLD, WA, SA and TAS. At this time, she was instrumental in launching and maintaining the very popular Facebook APP-HRFG page.

Julie was the instigator of the Group's quarterly APPetizer newsletter and continued as Editor, developing material for this e-publication for 6 years. The following is an editorial excerpt, written by Julie, from the very first edition in March 2010.

““Happiness is a full stomach!” I don't know who famously said this but I'm sure we all have at one time or another. Obviously, it may refer to a hearty meal but also it could mean filling oneself to the point of absolute contentment with knowledge only to find you are hungry the very next day...or much sooner!!

Welcome to the first edition of APPetizer. We are pleased to officially launch this communication for all things relating to Advanced Podiatry Practice – high risk feet. This will be a quarterly e-news with regular features, information sharing and interesting cases. To all of you who have that hunger for advanced practice, continued learning and, most importantly, the best care and

outcomes for your patients, we hope you'll join us in devouring every opportunity to support each other and promote our collective good work. I wish you a healthy appetite!!"

Finally, never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.